

2026 LIMRA Annual Conference
Gaylord Texan Resort & Convention Center
September 27–29, 2026

Sunday, September 27

- 3:30 – 4:30 p.m. Annual Mocktail Meetup
4:30 – 5:30 p.m. Concurrent Sessions (4)
5:30 – 7:00 p.m. Welcome Reception

Monday, September 28

- 7:00 – 8:00 a.m. Breakfast
8:00 – 9:55 a.m. General Sessions
9:55 – 10:30 a.m. Networking Break
10:00– 3:00 p.m. Workplace Benefits Advisory Summit
Invite only
10:30 –11:40 a.m. Concurrent Sessions (5)
Includes one mini general session for each Life, Annuity, and Workplace Benefits, one Canadian session, and one Global session
11:40 – 1:00 p.m. Luncheon and Break
1:00 – 2:00 p.m. Concurrent Sessions (8)
Includes two sessions for each Life, Annuity, and Workplace Benefits, and one session for each Canada and Global
2:00 – 2:40 p.m. Networking Break
2:40 – 4:50 p.m. General Sessions
5:00 – 6:15 p.m. Happy Hour Reception

Tuesday, September 29

- 7:00 – 8:00 a.m. Breakfast
8:00 – 9:45 a.m. General Sessions
9:45 –10:10 a.m. Networking Break
10:10 – 11:10 a.m. Concurrent Sessions (8)

Includes two each for Life, Annuity, and Workplace Benefits, one Canadian session, and one Global session

11:10 – 11:45 a.m. Networking Break

11:45 – 1:00 p.m. General Session

1:00 p.m. Adjourn

Note: The **Global Track** is a dedicated session designed specifically for our international audience. While the other sessions focus primarily on U.S. and Canadian markets, the Global Track provides a broader worldwide perspective on the insurance and financial services landscape. It highlights global trends, cross-market considerations, and insights relevant to regions outside North America.