

## Wellness Benefits Expected to be of Growing Interest to Employees



Employers expect their employees to be very interested in all types of wellness benefits in the future.

Overall, **44%** of employers expect interest in physical health wellness programs, **41%** in mental wellness, and **36%** in financial wellness.

## Interest increases considerably with company size,

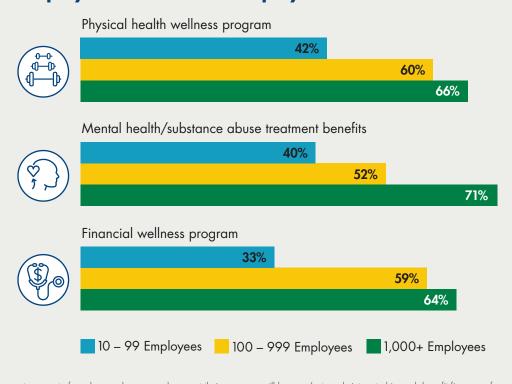
with majorities of midsize and large employers interested in each of these benefits.



## Employees also display substantial interest in wellness benefits.

**34%** of employees are very/ extremely interested in having their employer offer physical health wellness programs, **32%** in financial wellness, and **31%** in mental health benefits. **Millennials** and **Gen X** employees show the most interest in all of these benefits.

## **Employer Predictions of Employee Interest in Benefits**



 $Represents \ percent \ of \ employers \ who \ say \ employees \ at \ their \ company \ will \ be \ very/extremely \ interested \ in \ each \ benefit \ five \ years \ from \ now.$ 

